



## How to take photos with camera or phone camera

Take a photo of your face while smiling



Using two fingers in the front to hold the lips away from the teeth and one finger in the back and take to photo angled to show the right back teeth



Using two fingers on both sides pull back the cheeks and take a photo aiming at the front teeth



Using two fingers in the front to hold the lips away from the teeth and one finger in the back and take to photo angled to show the left back teeth



Use two fingers to pull the lower lip down while opening wide and take a photo from the top of the bottom teeth



Use two fingers to pull the upper lip up while opening wide and take a photo from the top of the upper teeth